



MODERN HIGH SCHOOL
INTERNATIONAL

Hakuna Matata

DECEMBER 2022 VOLUME 3 ISSUE 2



Cambridge Assessment
International Education

Cambridge International School

Editorial

As the leaves turn into shades of crimson and gold and fall to the ground, the trees get covered in snow. Every year as we wait for Santa Claus who instills in us the belief that everything is possible, teaches us to respect others and presents us with fond memories. Since October, November and December are the seasons of festivities that are observed across the world, we should treasure these fleeting moments and celebrate life to the utmost. Despite this, we should never forget that people experience both joy and sorrow, closeness and separation.

This issue covers all international celebrations of the fall and winter seasons. Whether it's Halloween, Diwali, or Christmas, celebrations allow us to put aside our differences and act in unity. We enjoy these hues of colour and get an understanding of each other through celebrations. A festival fosters affection between people and pride in the cultural heritage of different nationalities.

The cycle of life begins in the autumn. Our lives must continue as the year does. What would life be like without festivities? As autumn approaches, we become more aware of these things and develop a greater appreciation of both ourselves and others around us. Winter is seen as a season of introspection, of forgiveness, and reflection on the past year. We must acknowledge the "small wins" as well as learn to appreciate ourselves and others despite our flaws.

So, going forward, Hakuna Matata editions will include a new segment, "Keeping up with MHSI," which will bring readers up to date on student engagement in various intra- and inter-school events.

As we dive into this edition and cherish the autumn and winter festivities, let us promise to always cherish the people around us. The "autumn colours" should remind us how the old paves way for the new; the seasonal transitions should inspire us to never give up hope, no matter how difficult our problems might seem.

Chinese New Year

China is a country that takes pride in its 5000-year-old history. There are several distinctive celebrations in China, including the Chinese New Year, the Mid-Autumn Festival, the Ching Ming Festival, the Dragon Boat Festival and many others. The Chinese New Year is one of the most important social and economic holidays in China. Every year, the Chinese New Year falls upon a different day, and this year, it was observed on Sunday January 22. The Chinese New Year commenced at the beginning of the new moon.

The Chinese New Year is often referred to as the Lunar New Year. Each year a different animal from the Chinese zodiac calendar is assigned. This is the 'Year of the Rabbit'. The rabbit symbolises elegance, mercy, and beauty.

A Chinese folktale claims that thousands of years ago, a monster named Nian would attack the Chinese people at the beginning of each new year. The monster was terrified of the colour red as well as noise and commotion. Red lights were flashed and deafening sounds were made to drive the monster away. When the monster left, there was often a huge celebration with red costumes, decorations, and fireworks. In recent times, children are given red envelopes with money inside them. There are lion and dragon dances that are extremely well-liked and which uplifts the spirits of the people. Lanterns are released into the sky on the final day as a sign of peace.

This festival is extremely popular amongst the people of China and is celebrated with great enthusiasm and high spirits.



Chinese New Year being Celebrated in the streets of China featuring a lion dance

https://ichef.bbci.co.uk/news/976/epsprodpb/6B3D/production/_123035472_beijing.jpg-webp



The rabbit is the fourth animal in the Chinese zodiac symbolising "mercy", "elegance" and "beauty"

<https://currentaffairs.adda247.com/world-space-week-2022-observed-on-4-10-october/>

Durga Puja

Inclusion of Durga Puja in UNESCO



Tim Curtis (centre) and Eric Falt (extreme right) of Unesco receive a dokra statuette of Goddess Durga from chief minister Mamata Banerjee to celebrate Durga Puja's inclusion in ICH

https://assets.telegraphindia.com/telegraph/2022/Sep/1662066375_new-project-16.jpg

India with its diverse cultures, customs, and a rich ethos, is unparalleled around the globe. India, as one of the first signatories to the Convention on the Protection of Intangible Cultural Legacy, is continually seeking new ways to showcase its vibrant heritage. With the inclusion of Durga Puja in UNESCO's ICH, India has taken an additional step in presenting its intangible but incomparable culture to the entire world. Durga Puja gathers the entire city of Kolkata together to dress up in colourful festive apparel. The ten-day celebration is one of the most anticipated events in West Bengal as well as in many other places all over the world.



Chief Minister Mamata Banerjee felicitates historian Tapati Guha Thakurta on 1.9.2022

<https://images.indianexpress.com/2022/09/mamata-2.jpg>

Tapati Guha Thakurta, a well-known art historian, and her colleagues participated in the production of the dossier, which was handed to UNESCO by the Union Cultural Minister. It was submitted in March 2019 and was eventually placed on "UNESCO's Representative List of Humanity's Intangible Cultural Heritage" in December 2021. "I can't take credit for the work all by myself. It's a joint effort by our team and all stakeholders associated with Puja," she stated.

Eric Falt, Director and UNESCO Representative for the UNESCO New Delhi Office, stated during his address at a ceremony to honour the UNESCO label on August 27, 2022, "India, perhaps offers more intangible cultural heritage practices than any other country in the world. And, many of them are in need of safeguarding. We, at UNESCO, work closely with the Government of India in preservation of monuments and the intangible cultural heritage, which many times tourists miss or are not much aware about." Culture and traditions are the essence of each civilization, serving as a link across generations. The history and cultural heritage of a nation is what makes it different. As a result, we must conserve both our material and immaterial legacies in order for them to be recognised on a global scale and serve as national landmarks.

Bhoot Chaturdarshi

ভূত চতুর্দশী

As a child, how enthralled were you by Halloween? Your interest may have been piqued by movies like *Goosebumps*, *Anabelle* or even the scary cosplays that you see on the television. Did you ever hope to be a part of the groups of American children who go “trick-or-treating” on Halloween and collect chocolates and candies from the neighbourhood? Well, your dreams might just come true when you get to know about the “Indian Halloween,” better known as “Bhoot Chaturdashi.”

On the day before Kali Puja, the people in West Bengal celebrate “Bhoot Chaturdashi”. According to the famous folklores of Bengal, on this day, forefathers from the 14 previous generations transcend the boundaries between heaven and earth to come and visit their near and dear ones. Two significant rituals followed on this day are consumption of 14 varieties of leafy greens [“Choddo Shaak”] and lighting 14 “diyas”/candles [“Choddo Pradeep”] in the evening. While having the “Choddo Shaak” is to ensure a nutritious diet so that the unsatiated souls do not get to “harm the living,” lighting of the “Choddo Pradeep” is believed to ward off evil spirits and guide our deceased family members home.

The historical significance of “Bhoot Chaturdashi” is very similar to that of Halloween since both these festivals honour the deceased ancestors of a family.



Bhoot Chaturdashi

<https://images.indianexpress.com/2022/09/mamata-2.jpg>

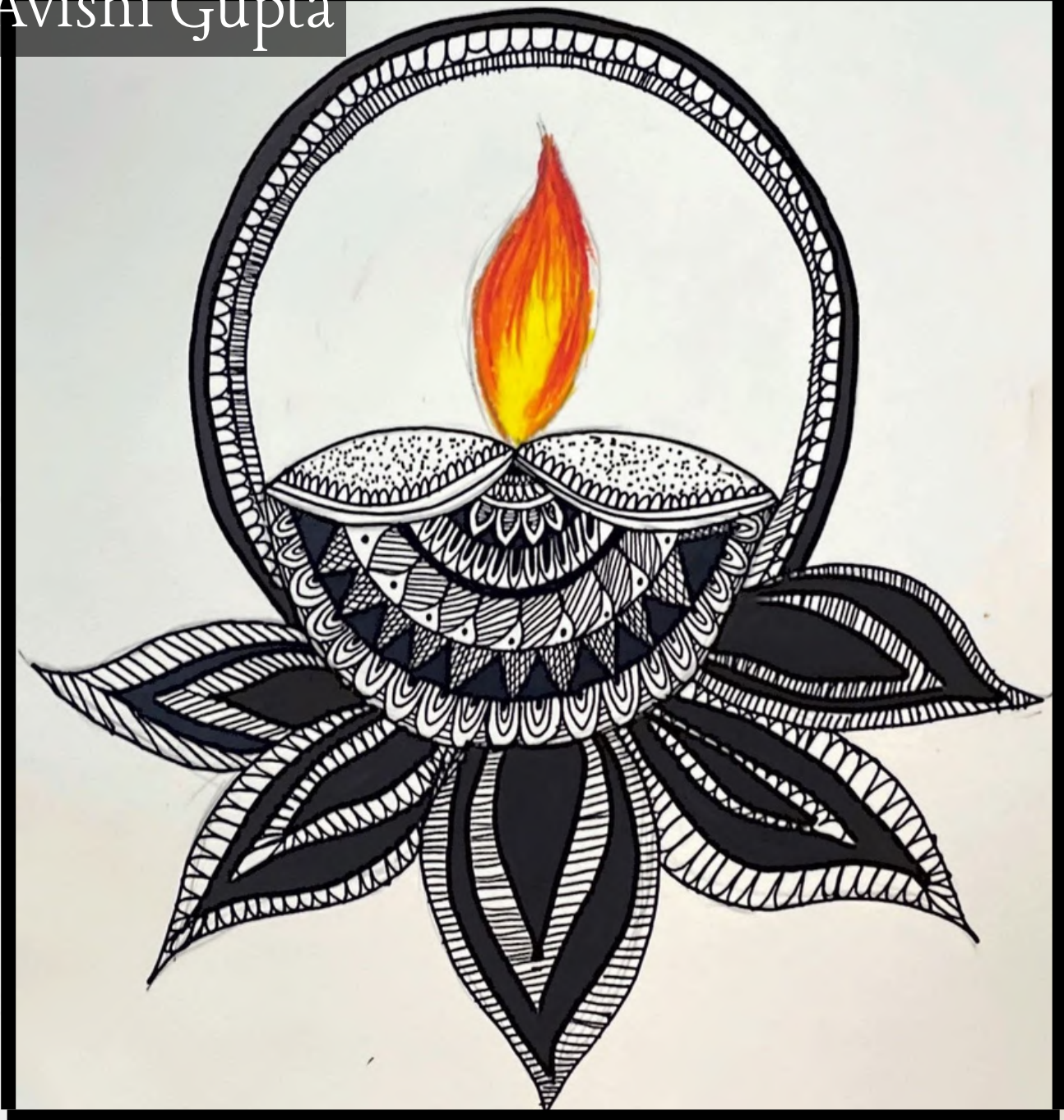


Idols of Goddess Kali clad in white lined West Bengal's Streets

https://editorial01.shutterstock.com/preview-440/12591407e/a7684cba/Shutterstock_12591407e.jpg

Creative Corner

Avishi Gupta



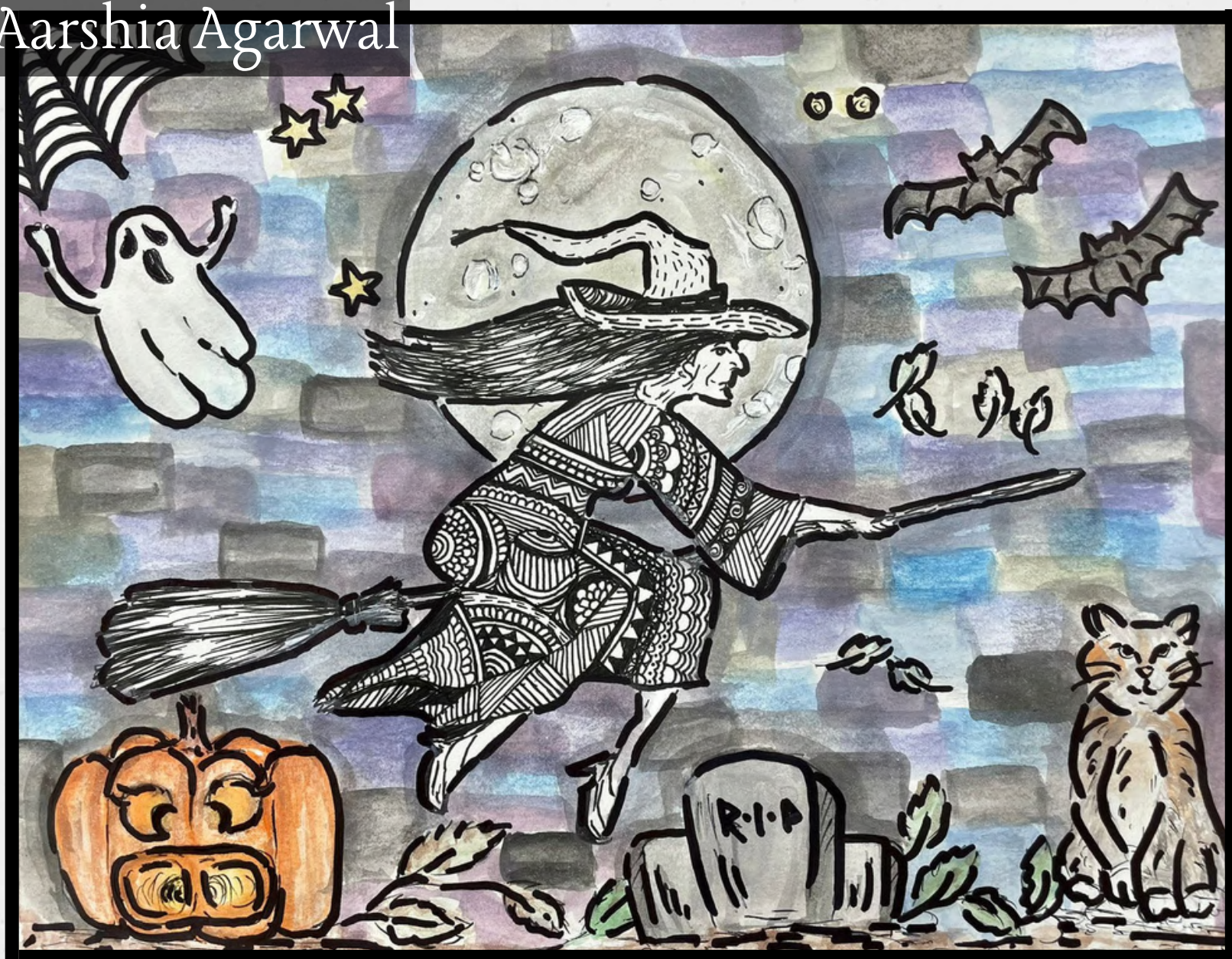
Tamaso Maa Jyotirgamaya...

Aaniya Choudhary



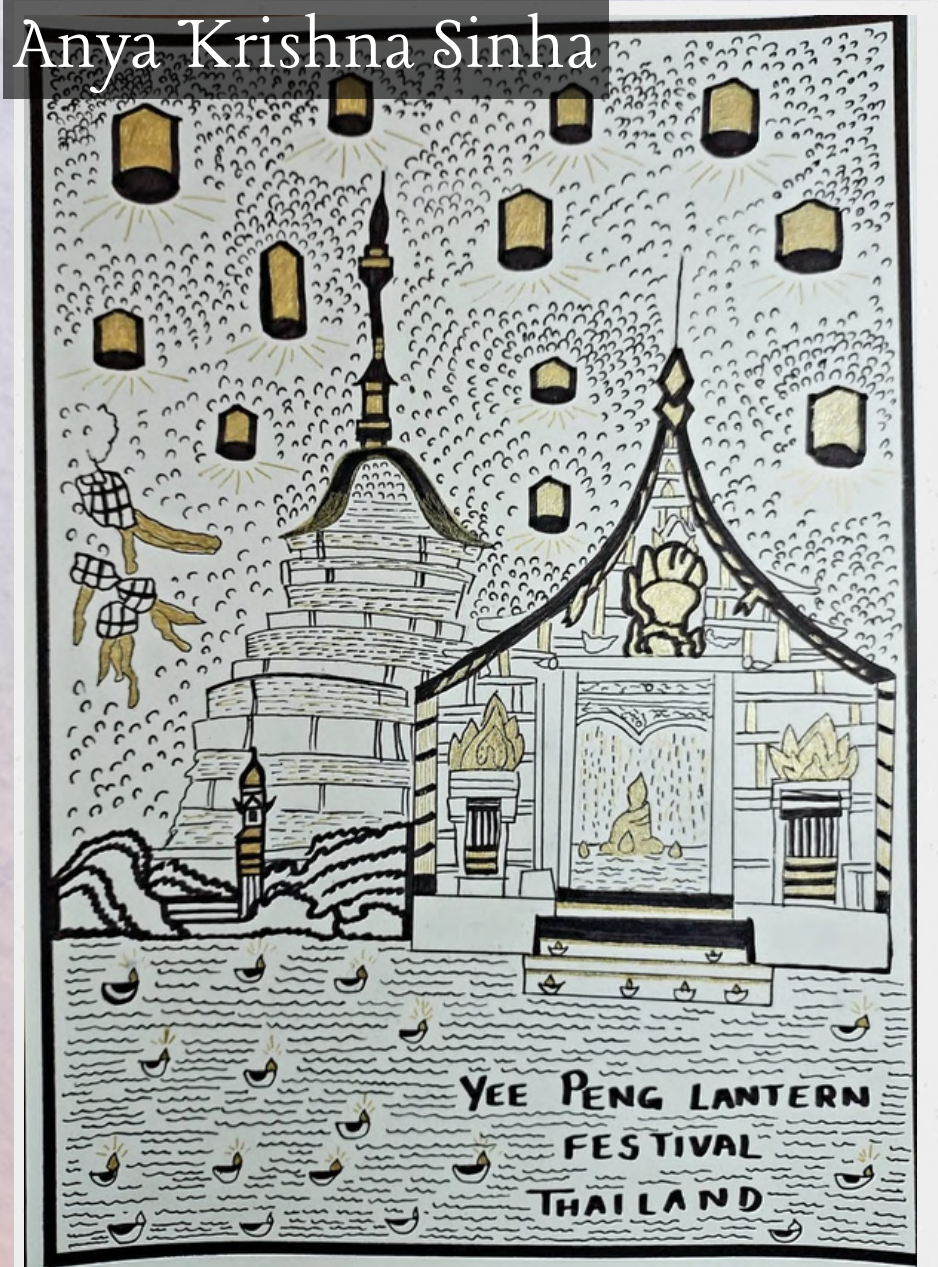
Rupang dehi jayang dehi yasho dehi disho jahi.

Aarshia Agarwal



"Halloween wraps fear in innocence, as though it were a slightly sour sweet. Let terror, then, be turned into a treat." - N. Gordon

Anya Krishna Sinha



"If you light a lamp for somebody, it will also brighten your path" - Gautama Buddha

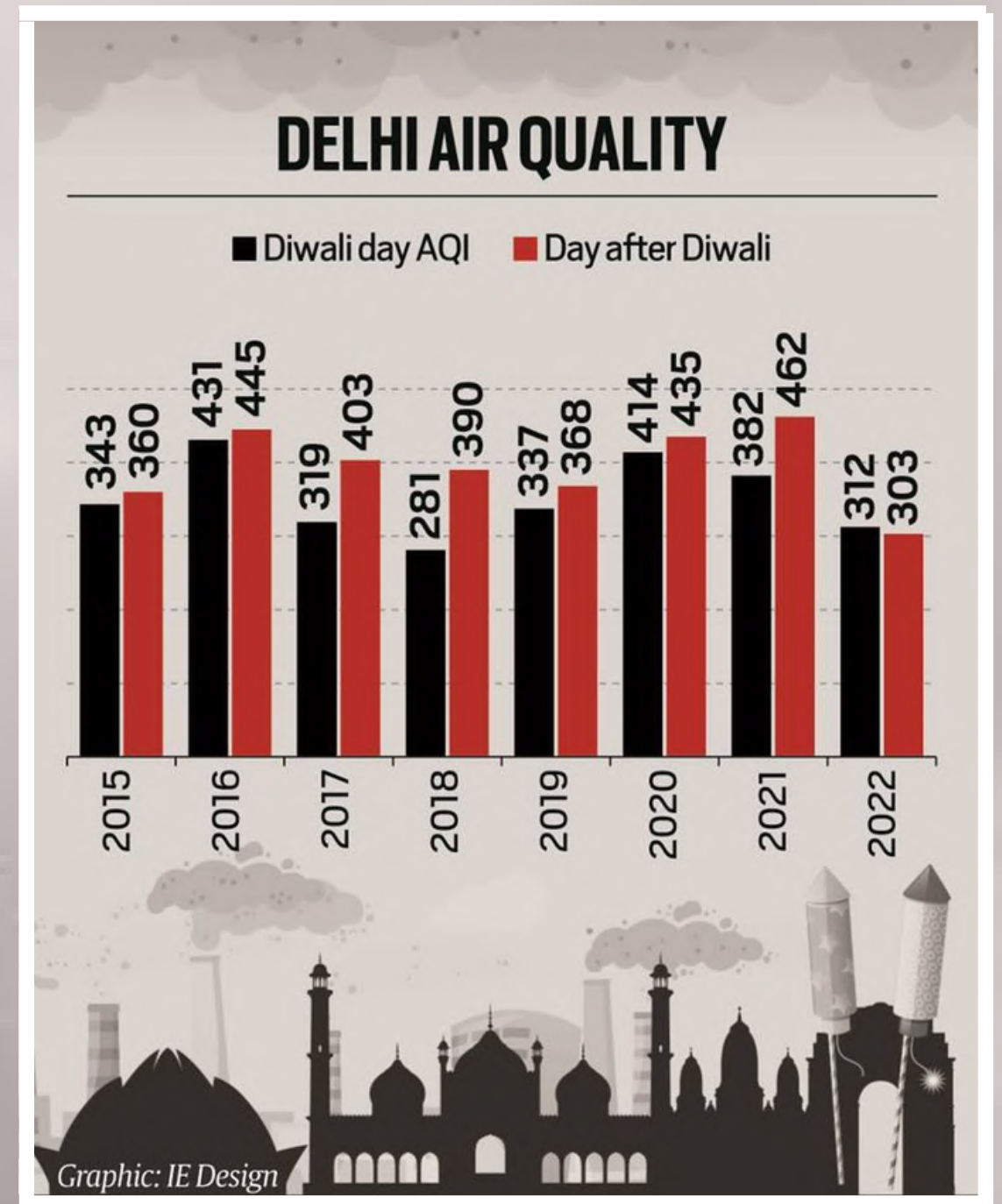
A Clean Diwali

On October 26th, the *Indian Express* reported that Delhi's post-Diwali air quality was the cleanest it had been since 2015. In fact, it was better than the two pandemic years, 2020 and 2021, combined. In 2020, the Air Quality Index (AQI) in Delhi was recorded in the "severe" category (401 - 500) and in 2021, it remained as high as 462. The reports claim that this year Delhi's AQI was 312 on Diwali and 303 the following day (301 - 401 is 'very poor' category).

According to experts, people disregarded the law and burst firecrackers on Diwali night, which caused the primary pollutant levels to climb up to 10 - 17 times the permissible level in various parts of the city. However, the air quality steadily improved due to favourable meteorological conditions.

Gufran Beig, the creator and project director of SAFAR, claimed that the rapid blows of the winds during Diwali prevented the accumulation of pollutants. In fact, the visibility during the day was between 3,000 and 4,000 metres, which is very unusual in Delhi on the occasion of Diwali.

Additionally, the fact that Diwali came early this year also prevented the air from cooling sufficiently to trap pollutants at the lower atmospheric levels. On Tuesday, 25th October 2022, the wind picked up speed around two in the morning. Hence, the pollutants that would often have accumulated in the early morning hours got dispersed as the wind speed increased. According to Beig, the AQI peaked at midnight, but then improved and levelled off at 303 the next morning.



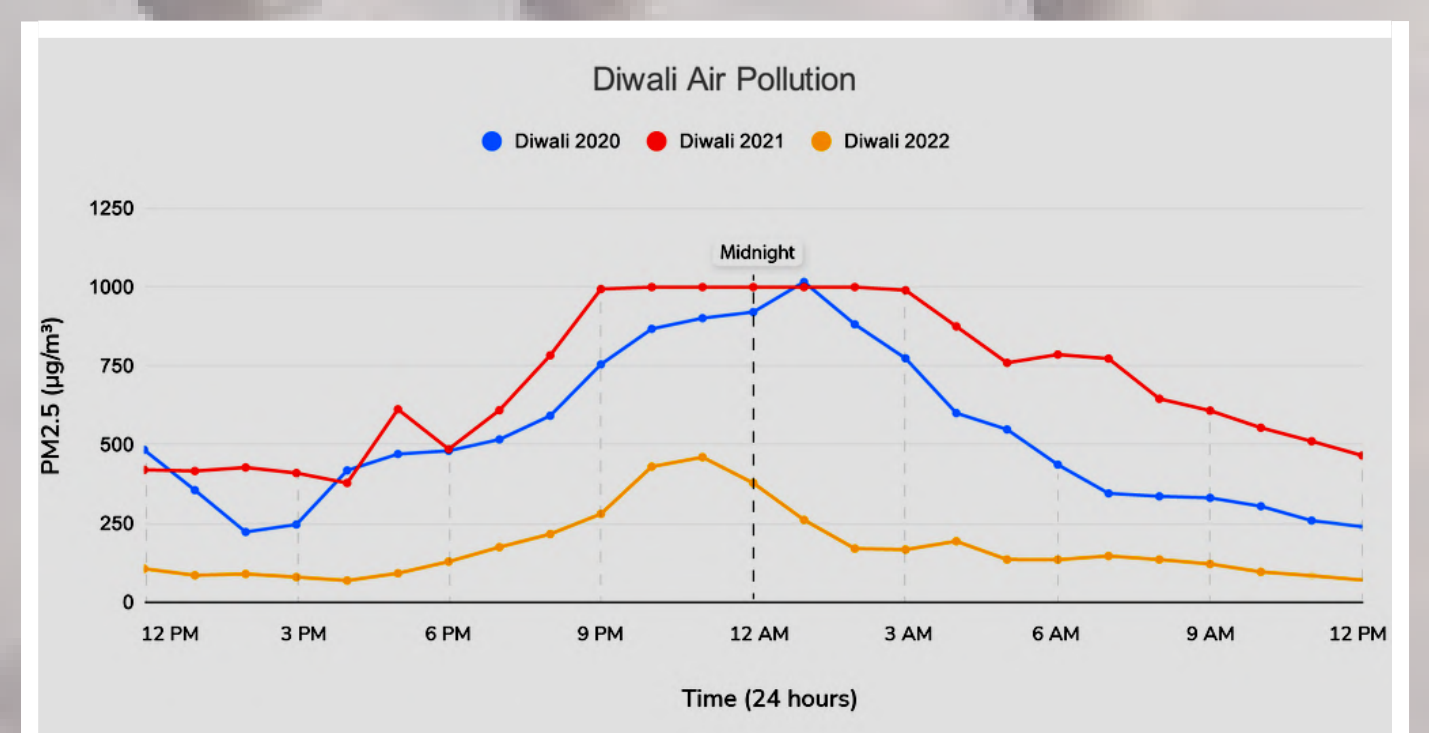
This graph shows the air quality on Diwali (red) and before Diwali (black)

<https://indianexpress.com/article/explained/explained-climate/delhi-cleanest-day-after-diwali-explained-8229634/>



The view of India Gate during Diwali

<https://www.indiatoday.in/amp/india/story/delhi-air-quality-index-very-poor-diwali-crackers-latest-data-2289098-2022-10-25>



Difference in the rate of pollution caused in different years

<https://www.aqi.in/blog/aqi-report-2022-delhi-diwali-air-quality/>



Science

A Shocking New Discovery - Amorphous Ice!

Did you know about the brand-new discovery of amorphous ice?

Well, researchers at UCL and the University of Cambridge have discovered a unique kind of ice that is more comparable to liquid water than any other previously known ice. It has the potential to redefine our knowledge of water and its innumerable abnormalities that have long perplexed scientists. To illustrate, water loses density as it freezes and reaches its maximum density at 4°C (hence, ice floats). Additionally, contrary to the general rule for most other things, compressing liquid water becomes simpler the more you squeeze it. However, scientists have discovered that when amorphous ice was heated and crushed, it recrystallized with a strikingly high energy release. This newly found ice is amorphous, which means that its molecules are not uniformly ordered as they are in ordinary, crystalline ice. Amorphous ice is the most typical kind of ice found in space and is extremely scarce on Earth, as in the freezing environment of space, ice lacks the thermal energy to crystallize.

For the study, which was published in the journal *Science*, the research team used a method known as "ball milling," vigorously spinning ordinary ice and steel balls in a jar frozen to -200°C . They determined that the technique created a distinct, amorphous sort of ice, unlike all other known ices! These particles weren't tiny pieces of traditional ice but rather had the same density as liquid water and a consistency close to that of solid water. The new ice was given the term "medium-density amorphous ice" (MDA).

Now, did you know that scientists postulated that MDA, which resembles a fine white powder, may exist inside the ice moons of the outer solar system because tidal forces from gas giants like Jupiter and Saturn may exert equivalent shear stresses on ordinary ice as those induced by ball milling? A kilometre-thick layer of ice covers moons like Ganymede, and the researchers found that MDA created a significant amount of heat when it was heated and recrystallized, indicating that it may be responsible for tectonic movements and "icequakes" in that layer. Water may be a very active geophysical element that drives tectonic motions on the ice moons of the solar system!

Similar to how window glass is the solid form of liquid silicon dioxide, MDA may be the actual glassy state of liquid water. Another theory states that MDA is severely sheared crystalline rather than glassy. Understanding the exact atomic structure of MDA is crucial because it provides answers to numerous issues about the nature of liquid water that have been raised by its discovery. So what more do you want to know about this brand new kind of ice? Do you think this discovery is going to be a game-changer?



Sports News

The Swiss Maestro



The Tennis God

<https://www.google.com/url?sa=i&url=https://www.britannica.com/2019/09/27/biography/roger-federer>

In a style that was quite recognizable, much like his career, the renowned athlete Roger Federer announced his retirement after 24 years. With 1251 Tour-level matches, 20 Grand Slam titles, 103 ATP single titles, and 310 weeks at the top of the rankings, he had one of the most successful careers ever.

He has always been empathetic on court and he is a very kind-hearted person.

His professional life has set the bar in terms of what it means to pursue greatness and to lead with moral integrity.

Roger Federer was unique in his non-confrontational style. However, he also never shied away from addressing the crucial tennis issues of the day. Throughout their prime, he became the closest of friends with his fiercest adversary, Rafael Nadal, which is a remarkable development in an individual sport that breeds intense and often harsh competition. He has been injured multiple times and has excelled through each one. Federer underwent three procedures in 18 months after undergoing surgery on his left knee in 2016. The first two were in early 2020, and the most recent injury occurred after Wimbledon 2021 when he lost in the quarter finals against Hubert Hurkacz. Federer did not give up despite all of this. At the Laver Cup, he competed in his final match alongside Rafael Nadal. His two coaches, Severin Luthi and Ivan Ljubicic were in attendance at The O2 to support them in their final effort.

Everyone who has had the chance to observe him over the years has enjoyed seeing him play tennis and taking in all of the amazing experiences he has had, both on and off the court. Getting to watch one match with Roger Federer was an honor for the people. Fans of Roger Federer, including his wife Mirka, their children, and all of his loved ones, have a lot to look forward to. He will experience fantastic things. Everyone will miss his historic matches as well as his presence on the court.

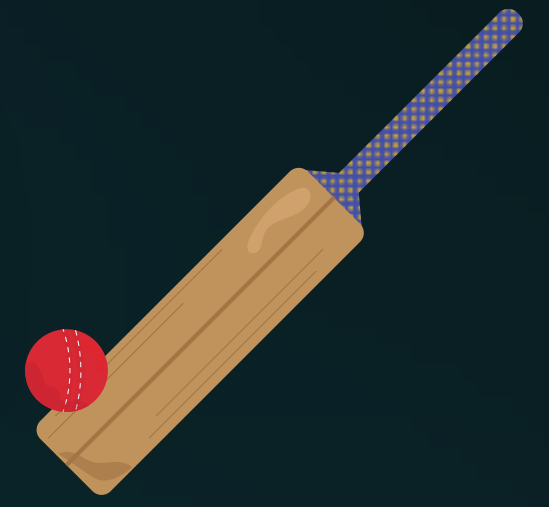


An Emotional Moment For Roger Federer At His Last Match.

<https://www.google.com/url?sa=i&url=https://www.abc.net.au/2022-09-24/roger-federer-loses-final-match-rafael-nadal-laver-cup>

Sports News

Kohli vs. Tendulkar



Indian Cricket team celebrating after a win

<https://pbs.twimg.com/media/FfwaVQ9VEAAzcfI.jpg:large>

India vs Sri Lanka

10 Jan



India

373/7
(50)

306/8
(50)



Sri Lanka

IND won by 67 runs
ODI 1 of 3 (IND leads 1-0)

India vs Sri Lanka ODI match, 10th January 2023, India vs Sri Lanka score

The first ODI cricket match of 2023, between India and Sri Lanka, began on January 10, 2023. It was held at Guwahati's Barsapara Cricket Stadium. India ended up winning the match, making the score 1-0. The "Man of the Match" award was given to Virat Kohli, who scored a grand total of 113 runs off 87 deliveries. This was his 45th ODI against Sri Lanka and his ninth century against them. With this, Kohli broke Sachin Tendulkar's record of eight centuries against Sri Lanka. This century was also Virat Kohli's 20th ODI century on home soil, which he was able to complete in just 99 innings overall, whereas Sachin took 160 innings. Internationally, this was his 73rd ODI century, second in line after Sachin Tendulkar's 100 centuries.

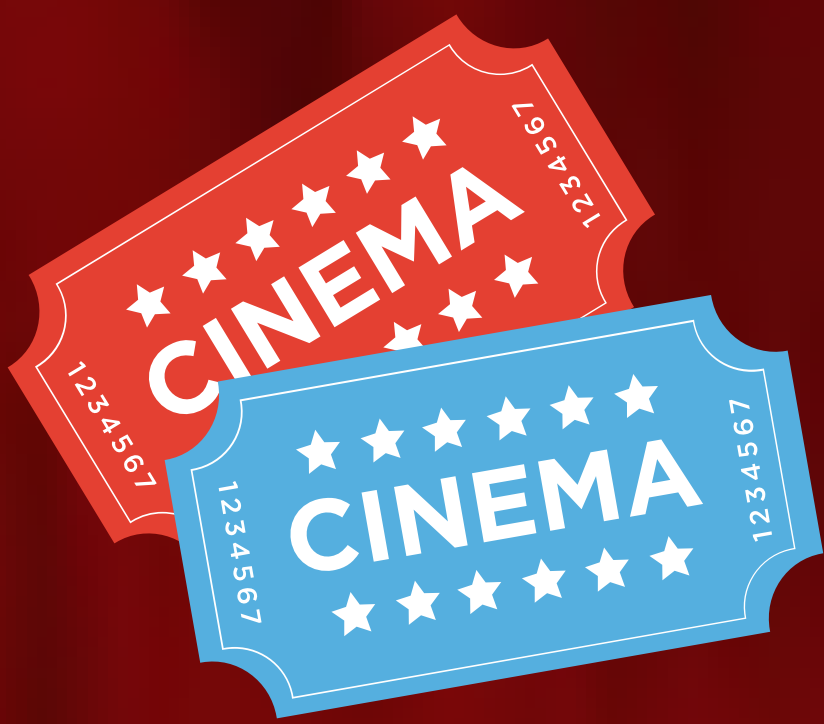
Virat was able to score ten fours and a six in this match. This was his second century after his major comeback in December, during India's tour of Bangladesh. Eventually, Kasun Rajitha bowled him out in the last over of India's innings. He is also on the verge of breaking the ODI series record for the most centuries. Currently, the record is held by Sachin, who has scored 49 ODI centuries, while Virat stands close behind with 45 total centuries in this series. Virat Kohli holds the title of "Century King" as he continues to break many more world records.



Virat Kohli vs Sachin Tendulkar

<https://www.mpl.live/blog/statistics-comparison-virat-kohli-vs-sachin-tendulkar/>

Entertainment



CORPSE BRIDE

Age rating: All ages

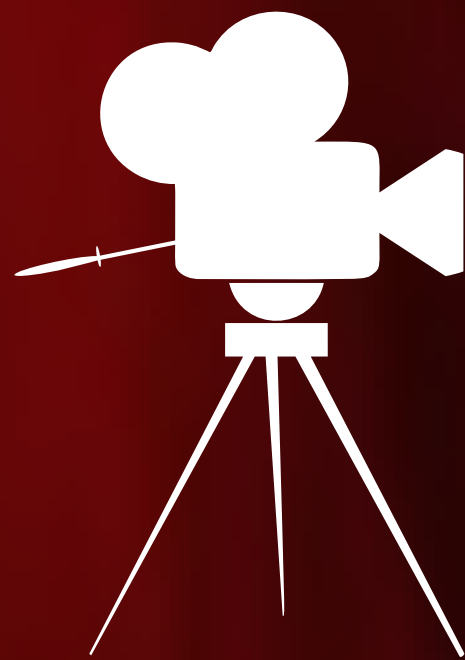
Category: Comedy, Fantasy

CORPSE BRIDE

A man named Victor was practicing his marriage vows in the forest. He unintentionally marries Emily, a skeleton who leads him to the afterlife. Majority of people undoubtedly remember this movie from their youth!

Film review:

One of the best animated films ever seen is *Corpse Bride*. It is a great, heartfelt story with an excellent plot and just the right amount of humour!



GHOSTBUSTERS

Age rating: All ages Category: Action, Comedy, Fantasy

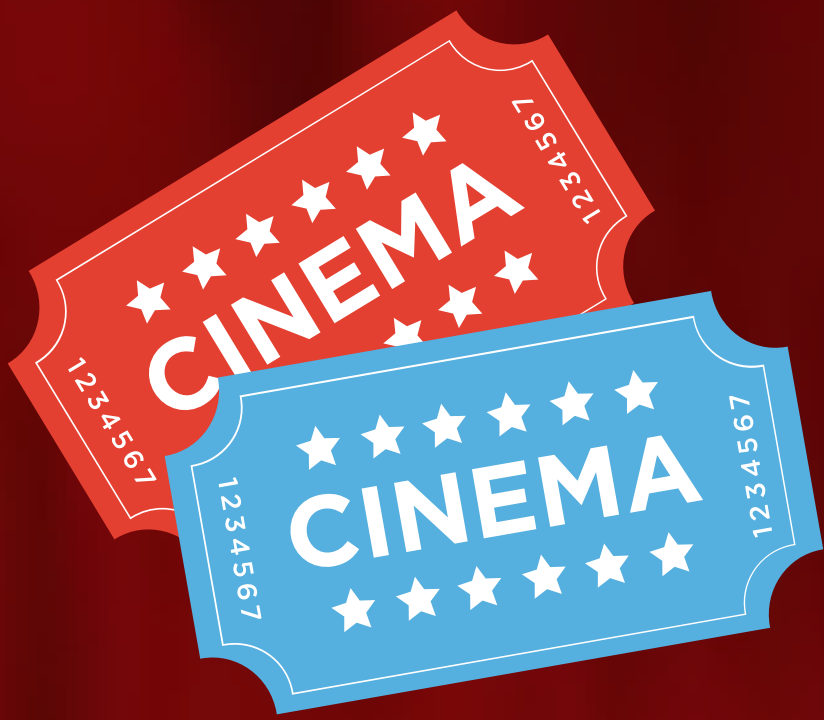
GHOST BUSTERS

Three parapsychologists who were expelled from their university are the subject of this film. They opened a business in New York City offering a special ghost junking service, drawing frightened yet skeptical visitors. This movie is a beloved classic among viewers.

Film review:

At the beginning of the film, it was extremely confusing to grasp as to what was happening; however, as the film progressed the events taking place slowly started to make sense. The humor of the film remained unmatched! The storyline was a bit weak, but other than that, it was a thoroughly enjoyable film!

Entertainment



COCO

Age rating: All ages

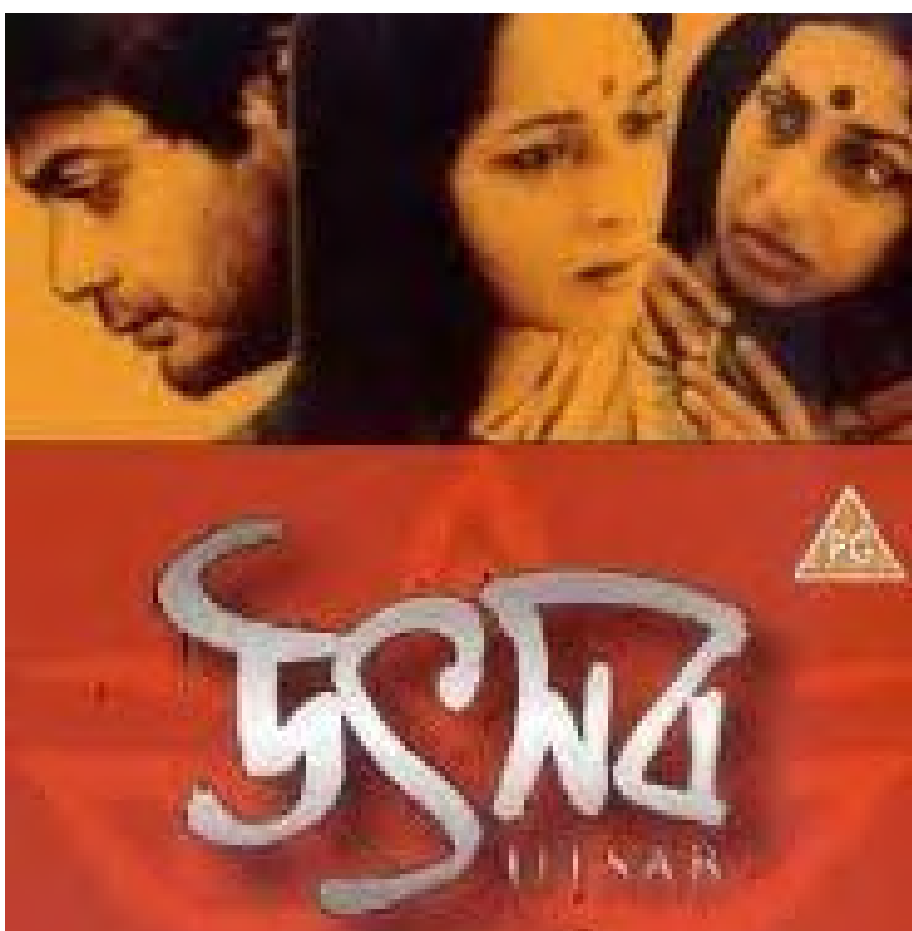
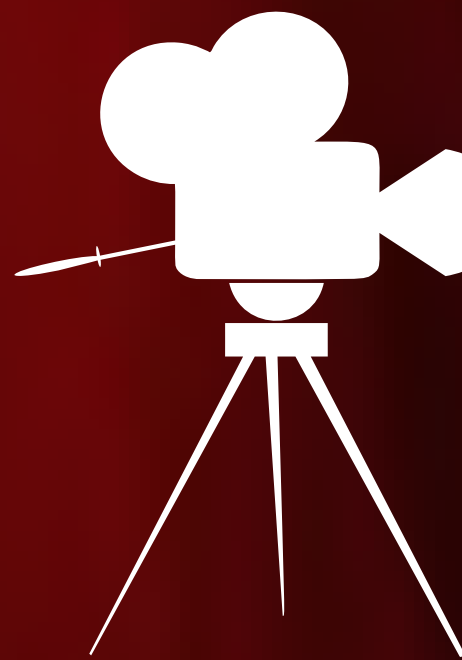
Category: Comedy, Fantasy

COCO

Miguel, a little boy, continues to sing despite his family forbidding it. He falls into the Land of the Dead by accident and discovers that his great-great-grandfather was a renowned singer.

The storyline of this movie is sure to capture everyone's heart!

Film review: This film touches the heart. The personality of the main character takes everyone on a whirlwind journey. It is perfect for explaining the ideas of culture and family. Would highly recommend it



USTAB

Age rating: All ages

Category: Feel-good, Family, Drama

USTAB

The plot centres on a Bengali family, whose members have gathered in their ancestral home for Durga Puja. Shishir, a relative and prominent real estate agent, is also considering purchasing the home. Everyone has their financial challenges; therefore, the old, traditional house is not the best option for everyone. So, what will they do?

Film review:

This family reflects both the idea of the Durga family and the problems and difficulties that semi-joint matriarchal families face today. The execution of the movie along with its writing and dialogue in this movie was definitely eye-opening

Recipe

Apple crumble custard

Ingredients required:

Crunchy base

Biscuit: 250 grams

Butter: 80 grams

Apple coating

Apples: 600 grams

Cinnamon: according to your taste preference

Castor sugar: according to your taste preference

Custard layer

Milk: 2 litres

Cornflour: 3 tablespoons

Vanilla extract: 2 teaspoons

Castor sugar: 1/3 cup



Process of preparation:

~The crunchy base

Grind the biscuits and butter together and bake for approximately ten minutes to form a base for the custard.

~The apple layer

Saute some freshly chopped apples onto a low flame with water until it turns into a golden hue. Add as much water as required for absorption. Then put in some sugar and cinnamon and gently mix. Make sure that the apples don't lose their shape and then cool the apples before pouring the custard layer.

The custard~

Thicken the milk until it gets creamy. Add cornstarch (cornflour), castor sugar and vanilla extract to the custard {naturally, two litres of milk will be enough to turn into a litre after it gets creamy}



Arrangement:

Align a springform pan with parchment paper and place the biscuit layer so that it can be baked.

After cooling it, add half of the apple layer and then add the custard layer.

Refrigerate it for 1-2 hours.

After it turns into a semi solid, add the remaining apple layer and freeze overnight.



Keeping up with MHSI

Student Interview



In this edition of Hakuna Matata, we have introduced this new segment, for which we talked to some of our fellow students about their experiences at MHSI. Sanjana C. Mitra, one of the founding members of the IGCSE Hakuna Matata newsletter, was our first interviewee. When we asked her about her motive behind the newsletter, she said, “In all honesty, I'd have to say, Rory Gilmore was my inspiration to start the newsletter. As fictional as she may be, I wanted to be her, well in the journalism aspect at least. I had seen so many other schools that had their own newspapers and I wanted that experience for MHSI as well. In the course of my chief editorship, I found my love for journalism and I realised that this was what I wanted to do in my life.”

As the current batch in charge of Hakuna Matata, we were curious to hear about the obstacles that she had encountered during her journey as well as any advice that she could offer to the whole team. “As the first chief editor, the newsletter posed more challenges to me than I had expected. However, we overcame those challenges, as a team, much easier than we had expected as well. It gave me an opportunity to showcase my leadership skills and our class to display teamwork. We did struggle at first with deadlines; however, with the contribution of every single one of my classmates, and of course, with the help of all of our supportive teachers, we managed to meet the demands every time. My advice to the current team is to not hold back your creativity, trust your team and enjoy what you are doing. While this is almost a college-level journalism course, which we were told so many times that it is, it comes with the fun of not having other college-level responsibilities. So, no matter how hard the challenges are, always rely on each other and remember, it's Hakuna Matata for a reason!”

From this session, MHSI has evolved from an all-girls' school to a co-educational one. So, we interviewed Siddhanth Jain and Ayaan Kapoor (IBDP-1), both of whom have joined our school this year. Siddhanth says, “Due to the teachers' continual and unshakable support and dedication to delivering the greatest possible academic and co-curricular experience, learning at MHSI has been a very fulfilling experience. The move to a new school was initially intimidating, but it was made much easier by the support I received from both my friends and the teachers.” When we asked Ayaan whether he had any advice for students who were considering getting enrolled at MHSI, he said, “To those looking to join MHSI, I couldn't recommend this school enough. The environment, the curriculum, the people and the experiences throughout have been enthralling.”

In its first session of being a completely independent school, MHSI has participated in cultural fests, business fests, MUNs, and hosted their very own Christmas Carnival and Health Camps. So, moving forward, the MHSI students have a lot to look forward to!

Keeping up with MHSI

Maitree



Majority of us have our roots planted in Modern High School for Girls; hence, when we heard about the Maitree participant selection, we immediately volunteered. Even though we were slightly apprehensive about competing against our ex-houses, when the MHSI representatives, Amaaya Jhunjhunwala and Sanjana C. Mitra, gave a brief overview of the schedule, we immediately put in our names for the audition process. Numerous events, including cooking, creative writing, digital art, music, fusion dance, and street play took place within the school premises.

MHSI went as a separate house - Team Indigo. In spite of being members of the new house on the block, we carved out a spot for ourselves and made the crowd ecstatic with our wonderful performances. While the MHSI chefs worked tirelessly in perfecting their recipes and honing their culinary techniques, the teams of all the on-stage events practiced for the final production for hours on end. The school representatives attended every rehearsal and did their best to keep everyone motivated for the big day.

On the final day, the entire team was nervous, but we gave in our best efforts. The music event was sublime. Each house sung to the tunes of wonderful melodies; however, Soumyaa, Anvita and Aaspriha won everyone's hearts with their mesmerizing performance and bagged the 1st position! On the other hand, despite having a fantastic script, the street play did not turn out as good as we had hoped. The dialogues were not quite audible and the audience missed out on a few of the punch lines. However, the dance performance impressed everyone. The dancers managed to convey a story to us via their hand gestures, seamless transitions and quick rhythmic motions.

Even with a few ups and downs, Team Indigo put up a commendable presentation. Suhani Kothari won the 1st prize in Creative Writing, while Karishma Chotrani and Aahana Srimani bagged the 2nd position in Traditional Art. As Team Indigo lifted the 1st runner's up trophy, the entire international wing cheered on from the top of their lungs! Maitree was a grand success for all of us!

Keeping up with MHSI

Math Week



When we returned to school after the Durga Puja break, there was absolutely no time to rest! Modern High School for Girls and Modern High School International were gearing up to celebrate “Maths Week”. Throughout the week of 17th – 21st October, all classes of the senior section put up various game stalls, all of which were related to Mathematics.

All of us engaged in long brainstorming sessions to ensure that the events are as interactive and exciting as possible. Students of classes 6 – 12 visited the games stalls, and we were overjoyed to see them enjoy the unique and creative games that our MHSI cohort had put up. While the IGCSE-1s let you shoot cups with nerf guns, according to the angle written on the paper chit that you chose, the IGCSE-2s made way for playing Jenga and solving mathematical problems written on the blocks within a specified time limit. If you visited our IBDP game stalls, you must have danced to the tunes of sinusoidal functions and parallel lines!

This exciting week ended with a day-long inter-school Mathematics event, “Mathfinity”. The students of grades 6 – 8 took part in “Mathletics”, which was a blend of Mathematics and Sports, while the students of grades 9 – 12 were a part of “ π -oneers”, where they attempted to explore the different perspectives of Mathematics. The MHSI students also put up a bake sale – “Café Indigo”. While some of us enjoyed the delectable Pizza Pockets, others were seen munching on the Piri-piri fries. While some of us volunteered to help our teachers organize the different events, some helped out in certificate writing, and others captured the mesmerizing moments through their camera lens.

The day ended with the Award Ceremony. We waited with bated breath and crossed fingers! And what better end to the week than the announcement of MHS-G and MHSI bagging the joint first prize for “ π -oneers”? It was the perfect start for our Diwali holidays.

Keeping up with MHSI

Christmas Market



Keeping up with the traditions of France and Germany, the students of Modern High School International hosted their own Christmas carnival on 14th December, 2022. We also invited the students of Grade 7 of Modern High School for Girls and their teachers on this occasion. Our carnival was also graced by the presence of some very special guests - Monsieur Nicolas Facino, the director of Alliance Française du Bengale and Ms Anita Mitra, Education Cooperation Officer and Ms Sagarika Chatterjee, Coordinator, Education Cooperation Services, Goethe Institut.

We had a series of events lined up for all those who attended our Christmas carnival. Creative corners had been set up in different classrooms, where one had to make greeting cards with “scrap material”. This activity was made even more engaging by asking everyone to use at least one of the German or French words (associated with Christmas), which were displayed on the screen. Another fun Christmas game was putting on a blindfold and pinning a ball on Rudolf's scarlet nose. Thereafter, the students, the teachers and the guests gathered in the auditorium for a brief documentary screening and a quiz contest. Following the documentary, every member of the audience was given a lyrics sheet with French and German Christmas carols printed on it. Our students, Vani and Anvita, had recorded two Christmas carols, “Jingle Bells” in French (Vive le vent) and “Silent Night” in German (Stille Nacht). We played their videos and encouraged everyone to sing along!

At the end of each caroling session, our very own Santa Claus distributed candies to one and all! The students were overjoyed on receiving this wonderful surprise. The carnival ended with a small dance party for all the students of MHSI. From decorating the classrooms and the auditorium to preparing for the creative corners, from watching documentaries of European Christmas markets to being on Santa’s “nice list,” it truly was an enjoyable day for all of us!

Keeping up with MHSI

Sports Day



Sports Day is a beloved annual event that most students await since it allows them to showcase their talents and athletic abilities. After a hiatus of 2 years, Modern High School for Girls hosted its Annual Sports Day on the 13th of December, 2022. This time Modern High School International participated as an independent school.

The day started with the March Past, where students of Modern High School International and all eight houses of Modern High School for Girls marched across the school grounds. It was a delight to watch the students march in full synchronization after the weeks of relentless practice.

This was followed by the oath-taking ceremony, where the sports captains promised to uphold the spirits of teamwork and sportsmanship. Thereafter, began the series of races, which encouraged all participants to engage in healthy competition. We took part in the flat race, hurdle race, skipping race, relay race, obstacle race, dribble-the-ball race, “matka” race, etc.

Every event had its fair share of difficulties, but the dedication, hard work and cooperation of the students helped them to overcome all challenges and emerge victorious. In fact, our sports vice captain, Yashvi Sarada, single handedly won 4 gold medals, 1 silver medal and the “Best Athlete” title in Division B (Grades 9-10). Our sports captain, Meher Paul Mehmi, deserves special mention for maintaining discipline, motivating all the participants, and upholding the comprehensive code of sportsmanship.

It's fair to conclude that Sports Day gifted all of us with irreplaceable memories and taught us the values of perseverance, unity, and healthy competition.

Team Credits

EDITORS:

**Aaniya Choudhary, Aarshia Agarwal,
Anya Krishna Sinha, Samaira Jain**

EDITORIAL BOARD:

**Aaniya Choudhary, Aarshia Agarwal,
Anya Krishna Sinha, Samaira Jain**

ART AND LAYOUT:

**Aaniya Choudhary, Aarshia Agarwal,
Anya Krishna Sinha, Avishi Gupta, Kasshvi
Doshi, Sneh Bihani, Aayush Dugar, Samaira Jain**

SCRIBES:

**Aaniya Choudhary, Aarshia Agarwal,
Aayush Dugar, Anya Krishna Sinha, Avishi
Gupta, Kasshvi Doshi, Nibedita Ghosal,
Sneh Bihani, Varnika Bachhawat, Vanya
Kedia, Vidushi Agrawal.**

Citations

World Space Week | Celebrate UN-declared World Space Week, 4-10 October annually, the largest space event in the world [Accessed 11 oct 1:12 pm](#)

World Space Week 2022 observed on 4-10 October (adda247.com)
[Accessed 11 October 1:45 pm](#)

World Space Week 2022 (unacademy.com)
[Accessed 11 October 1: 56 pm](#)

<https://www.insidesport.in/ind-w-vs-uae-w-dream11-prediction-india-women-vs-united-arab-emirates-women-top-fantasy-picks-probable-playing-xis-pitch-report-match-overview-ind-w-vs-uae-w-live-at-100-pm-follow-live-update/> - [Accessed 6th October 1:14 pm](#)

● <https://www.hindustantimes.com/cricket/india-women-vs-uae-women-live-cricket-score-asia-cup2022-ind-w-vs-uae-w-t20-match-latest-scorecard-sylhet-101664862018040.html>
[Accessed 6th October 1:19 pm](#)

● <https://zeenews.india.com/cricket/live-updates/live-india-women-vs-uae-women-asia-cup-2022-match-scorecard-and-updates-deepti-sharma-jemimah-rodrigues-fifties-power-indto-178-2517774> -
[Accessed 6th October 1:27 pm](#)

● <https://www.news18.com/cricketnext/news/india-vs-united-arab-emirates-live-cricket-score-t20-womens-asia-cup-2022-ind-vs-uae-match-today-live-streaming-latest-scorecard-sylhet-livenews-6095131.html>
[Accessed 6th October 1:34 pm](#)

<https://timesofindia.indiatimes.com/city/delhi/delhi-thank-the-weather-for-cleanest-diwali-since-2015/articleshow/95087700.cms>
[Accessed 31st October 10:46 pm](#)

<https://indianexpress.com/article/explained/explained-climate/delhi-cleanest-day-after-diwali-explained-8229634/>
[Accessed 31st October 11:42 pm](#)

<https://www.thehindu.com/news/cities/Delhi/delhi-saw-30-drop-in-incidents-of-firecracker-bursting-this-deepavali-as-against-last-year-says-gopal-rai/article66052723.ece>
[Accessed 10:47 pm, 31st October.](#)

<https://www.indiatoday.in/fact-check/story/months-old-photo-used-to-publicise-low-pollution-levels-in-delhi-during-diwali-2022-2290250-2022-10-27at>
[Accessed 10:48 pm, 31st October.](#)

<https://timesofindia.indiatimes.com/city/kolkata/durga-puja-team-effort-behind-unesco-list-entry-says-historian/articleshow/93937986.cms> 1st November 4:30 pm

<https://www.outlookindia.com/national/india-holds-celebrations-to-mark-inclusion-of-durga-puja-in-unesco-list-news-219375>
[Accessed 1st November 6:00 pm](#)

<https://www.ndtv.com/india-news/india-holds-celebrations-to-mark-inclusion-of-durga-puja-in-unesco-list-3292414>
[Accessed 7th November 5:13 pm](#)

<https://theprint.in/opinion/unesco-recognition-of-durga-puja-a-big-feat-but-it-was-no-easy-journey-for-india/1151796/>
[Accessed 7th November 6:22 pm](#)

https://www.business-standard.com/article/current-affairs/what-the-unesco-heritage-tag-could-mean-for-the-durga-puja-ecosystem-122090201173_1.html
[Accessed 7th November 9:18 pm](#)

<https://indiawasone.medium.com/diwali-vs-halloween-fc07a1dd619a>
[Accessed 10th November 2:40 pm](#)

<https://www.bingedaily.in/article/have-you-considered-getting-your-dog-to-go-vegan>
[Accessed 10th November 2:45 pm](#)

<https://indiacurrents.com/yin-yang-of-diwali-and-halloween/>
[Accessed 11th November 5:32 pm](#)

https://www.nasa.gov/sites/default/files/styles/full_width/public/thumbnails/image/jsc-sustainability-image2_0.png?itok=25s8wcOP
[Accessed 14th November 5:30 am](#)

<https://static.toiimg.com/thumb/msid-88370543,width-400,resizemode-4/88370543.jpg>
Accessed 14th November 4:20 am

<https://images.unsplash.com/photo-1602774433910-a4c76f948875?ixlib=rb-4.0.3&ixid=MnwxMjA3fDB8MHxwaG90by1wYWdlfHx8fGVufDB8fHx8&auto=format&fit=crop&w=869&q=80>

<https://pixabay.com/photos/orion-nebula-emission-fog-11001/>

https://unsplash.com/photos/wQLAGv4_OYs

<https://pixabay.com/photos/climate-change-issue-7575216/>

Discovery of new ice may change our understanding of water (phys.org)

Discovery of new ice may change understanding of water - Innovations Report (innovations-report.com)

<https://www.ucl.ac.uk/news/2023/jan/discovery-new-ice-may-change-understanding-water>

With frigid innovation, scientists make a new form of ice | Euronews

Scientists discover a new form of ice that could not exist on surface of Earth - India Today

<https://www.msn.com/en-in/news/other/delhi-air-pollution-news-ncr-turns-into-gas-chamber-check-worst-affected-areas/ar-AA16c9SM>

<https://www.thehealthsite.com/news/delhi-ncr-turns-into-gas-chamber-air-pollution-grips-capital-bs-3-petrol-bs-4-diesel-vehicles-banned-till-friday-942813/>

<https://www.india.com/news/delhi/delhi-air-pollution-the-main-cause-this-year-and-road-ahead-explained-5724530/>

<https://www.4to40.com/quotations/famous-english-quotes/durga-puja-quotes-in-english/2/>